

## The Two Parts of The Atonement

	Physical	Spiritual
<b>Problem</b>	Physical Death: Separation of Body from Spirit -- Ecclesiastes 12:7	Spiritual Death: Separation of us from Father in Heaven -- 2 Ne 9:12, Isaiah 59:2,1 Nephi 10:21
<b>Cause</b>	Adam and Eve's Transgression (bodies changed from immortal Terrestrial to mortal Telesstial) -- 2 Ne 9:6, Helaman 14:16	Adam and Eve's Transgression (expelled from Garden of Eden) -- 2 Ne 9:6, Helaman 14:16
<b>When Experienced</b>	Temporarily while in the Spirit World -- Alma 40:11-13	Temporarily while on the Earth; Permanently for all those not going to the Celestial Kingdom -- Alma 40:25-26
<b>Solution Enablers</b>	Jesus's Divine/Human Parentage (inherited immortality from Father and mortality from Mother) -- Matthew 16:15-17	Jesus's Sinless Life -- Hebrews 4:15
<b>Solution</b>	Using his own will and power to remove His Spirit from His Body and put Them back together again -- John 10:18	Paying the penalty for all sins -- 2 Ne 9:7, 1 Peter 2:24
<b>Name</b>	Resurrection -- Alma 11:45	Expiation -- Bible Dictionary, "Sacrifices"
<b>Where</b>	On the Cross and in the Tomb	(Mostly) In the Garden of Gethsemene
<b>Effect</b>	Blessings of Immortality (Salvation) -- John 5:28-29	Blessings of Eternal Life (Exaltation) -- D&C 14:7
<b>Conditions</b>	Unconditional Free Gift to all who kept their First Estate (Chose to follow Christ in the Pre-Mortal Existence) -- 1 Corinthians 15:21-22	Conditional Gift to those who keep their Second Estate (Repented of sins during Earthly Existence) -- Abraham 3:26
<b>Covenant</b>	The immersing part of Baptism -- Romans 6:4	The cleansing part of Baptism -- Acts 2:38
<b>Renewal</b>	The bread part of the Sacrament (Represents Christ's Body) -- Luke 22:19	The water part of the Sacrament (Represents Christ's Blood) -- Luke 22:20